

METAMAN BINTAN 2013
HALF IRON DISTANCE - OVERALL
FINAL RESULTS



IRON DISTANCE TRIATHLON
 Southeast Asia Championship
31st August 2013

Rank	First Name	Last Name	Bib	Age Group Category	Time	Swim	Swim Rank	T1	T1 Rank	Cycle	Cycle Rank	T2	T2 Rank	Run	Run Rank
1	James	Hodge	102	M20-24	4:20:10	0:23:29	4	0:00:55	11	2:22:21	3	0:00:48	9	1:33:24	1
2	Mark	Jansen	213	M40-44	4:24:35	0:28:46	11	0:02:56	115	2:19:23	2	0:01:33	43	1:33:28	2
3	Derek	Cross	160	M30-34	4:26:49	0:26:06	5	0:00:59	13	2:23:12	4	0:01:02	19	1:36:31	3
4	Deak	Zsombor	108	M20-24	4:30:35	0:28:06	6	0:01:02	15	2:24:35	5	0:01:01	15	1:36:51	4
5	Andy	Wibowo	155	M30-34	4:31:16	0:23:14	1	0:01:08	19	2:29:41	8	0:01:18	32	1:37:11	5
6	Michael	Murphy	110	M20-24	4:31:26	0:23:17	3	0:00:39	1	2:27:51	6	0:07:25	201	1:39:37	7
7	Eric	Watson	107	M20-24	4:38:38	0:23:14	2	0:00:49	6	2:30:44	9	0:01:16	28	1:43:49	11
8	Andy	Lordianto	119	M25-29	4:52:51	0:31:11	36	0:02:18	73	2:37:46	19	0:01:35	45	1:41:34	9
9	Shem	Leong	179	M35-39	4:53:08	0:30:44	27	0:01:50	46	2:34:51	13	0:01:35	46	1:45:41	15
10	David	Boyes	299	M50-54	4:53:19	0:29:22	19	0:01:25	25	2:36:58	17	0:01:24	39	1:45:32	13
11	Monica	Torres	318	F25-29	4:55:35	0:34:14	65	0:01:00	14	2:38:22	21	0:00:59	13	1:41:58	10
12	Artur	Piasecki	174	M35-39	4:56:47	0:28:18	9	0:02:00	57	2:31:58	10	0:01:02	17	1:54:30	21
13	Andreas Team	TEAM	351	RELAY	4:57:08	0:32:15	43	0:00:52	9	2:43:30	37	0:00:41	3	1:40:30	8
14	Christian	Bøhmer	143	M30-34	4:57:20	0:34:30	74	0:02:29	87	2:36:29	15	0:01:20	35	1:43:49	12
15	Per	Roed	185	M35-39	4:59:06	0:28:45	10	0:01:44	38	2:31:58	11	0:01:01	16	1:56:37	26
16	Michelle	Boyes	334	F40-44	5:00:21	0:30:49	30	0:01:26	27	2:39:45	25	0:01:08	25	1:48:20	16
17	Tom	Stephens	153	M30-34	5:01:27	0:29:53	20	0:01:30	32	2:40:51	29	0:00:59	14	1:49:11	18
18	Rusty	Desormeaux	186	M35-39	5:04:24	0:34:20	68	0:02:39	99	2:35:00	14	0:01:35	47	1:52:24	19
19	Brent	Healy	192	M35-39	5:04:48	0:30:46	28	0:01:54	51	2:33:20	12	0:01:21	37	1:58:46	28
20	Journey Fitness	TEAM	353	RELAY	5:07:47	0:28:49	13	0:00:44	4	2:58:58	78	0:00:48	8	1:39:16	6
21	Andrew	Roberts	239	M40-44	5:07:52	0:32:02	41	0:01:06	18	2:37:09	18	0:01:07	24	1:57:33	27
22	Mathew	Lock	202	M35-39	5:08:06	0:30:43	26	0:01:22	23	2:40:20	27	0:02:08	75	1:55:40	23
23	Eden	Kang	105	M20-24	5:08:54	0:28:10	8	0:01:10	21	2:38:24	22	0:01:05	22	2:01:09	33
24	Nynne Desiree	Mortensen	316	F25-29	5:10:19	0:32:23	45	0:02:02	59	2:47:20	49	0:01:21	36	1:48:32	17
25	Gavin	Mortlock	298	M50-54	5:11:19	0:31:36	37	0:01:09	20	2:39:21	24	0:01:24	38	1:59:11	29
26	Barry	Williamson	170	M35-39	5:13:17	0:30:48	29	0:02:09	68	2:41:02	30	0:02:52	114	1:59:16	30
27	Salvador	Alarcón Alacio	198	M35-39	5:14:20	0:32:41	47	0:02:04	64	2:46:58	47	0:01:47	61	1:52:35	20
28	Woo Il	Kim	165	M30-34	5:17:06	0:40:37	149	0:02:49	109	2:37:52	20	0:01:49	62	1:55:47	24
29	Christian	Sanderson	282	M45-49	5:18:26	0:30:41	25	0:01:48	42	2:38:31	23	0:01:18	33	2:07:25	46
30	Etienne	Faure	196	M35-39	5:19:34	0:34:24	70	0:01:38	36	2:41:59	32	0:01:06	23	2:01:32	34
31	Santiago Simón	Alarcón Alacio	262	M45-49	5:22:15	0:33:35	56	0:02:19	74	2:45:50	43	0:01:40	53	2:00:29	31

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32	Stephen	Boddington	254	M40-44	5:22:49	0:33:11	49	0:01:53	50	2:43:28	36	0:01:18	34	2:04:15	38
33	Philip	Tiffin	199	M35-39	5:23:44	0:30:33	23	0:01:46	39	2:46:34	45	0:01:38	49	2:04:50	40
34	Veronique Florizoone	TEAM	356	RELAY	5:23:45	0:37:59	107	0:00:46	5	2:40:03	26	0:00:43	5	2:04:56	42
35	Jessica	Roed	328	F35-39	5:24:04	0:30:53	31	0:02:03	62	2:49:32	55	0:01:17	29	2:01:34	35
36	Silvio	Roethlisberger	187	M35-39	5:24:28	0:38:00	110	0:01:49	44	2:42:16	33	0:02:35	101	2:02:22	36
37	Benn	Wilson	147	M30-34	5:28:46	0:36:35	92	0:02:13	70	2:45:53	44	0:01:40	52	2:04:04	37
38	Kelvin	Blacklock	263	M45-49	5:32:02	0:35:30	81	0:02:40	101	2:43:31	38	0:02:34	100	2:10:20	56
39	Tim	Devolder	206	M35-39	5:32:22	0:30:55	33	0:03:13	128	2:47:34	50	0:01:31	42	2:10:40	57
40	Jean-Michel	Dixte	210	M40-44	5:32:56	0:28:08	7	0:01:34	34	2:48:35	52	0:01:41	55	2:14:37	65
41	Elvia	Suryadi	324	F35-39	5:33:56	0:33:36	57	0:01:28	30	2:57:58	75	0:01:37	48	2:00:53	32
42	Greg	Wright	188	M35-39	5:35:12	0:37:56	106	0:02:49	110	2:45:45	42	0:01:41	54	2:08:41	49
43	Matthias Benno	Real	137	M30-34	5:35:55	0:38:32	116	0:02:41	103	2:44:58	41	0:01:54	67	2:09:43	52
44	Peter	Bennett	248	M40-44	5:36:00	0:41:43	159	0:03:43	158	2:41:30	31	0:02:11	78	2:09:03	50
45	Sebastien	Normand	222	M40-44	5:36:12	0:33:18	51	0:02:11	69	2:56:19	71	0:01:53	65	2:04:23	39
46	Kate	Vernon	313	F20-24	5:37:34	0:31:50	38	0:01:27	28	2:54:09	65	0:01:03	20	2:10:07	54
47	Samuel	Peterson	302	M50-54	5:37:37	0:28:52	14	0:02:53	113	2:40:26	28	0:01:27	40	2:25:25	90
48	Tom	Aaker	300	M50-54	5:38:17	0:35:33	82	0:04:13	171	2:48:19	51	0:02:30	93	2:10:12	55
49	John	Fahy	232	M40-44	5:39:10	0:33:42	58	0:01:25	24	2:51:20	56	0:01:02	18	2:12:42	60
50	Matthew	Thomas	204	M35-39	5:39:24	0:30:36	24	0:01:28	29	2:51:27	57	0:02:23	87	2:15:52	67
51	Mary	Mitchell	342	F50-54	5:39:45	0:33:35	55	0:02:08	67	3:09:17	118	0:01:10	27	1:54:44	22
52	Damien	Artru	230	M40-44	5:40:10	0:33:55	59	0:03:19	135	2:55:15	68	0:02:26	89	2:07:39	48
53	Colin	Ryan	306	M50-54	5:41:32	0:38:32	117	0:03:14	129	2:54:50	66	0:02:16	82	2:04:55	41
54	Callum	Eade	217	M40-44	5:42:04	0:30:19	22	0:01:44	37	2:46:53	46	0:01:54	68	2:23:08	87
55	Jeremy	Paul	273	M45-49	5:44:52	0:39:00	121	0:03:19	137	3:06:26	109	0:02:11	79	1:56:05	25
56	Gregory	Kok	221	M40-44	5:48:13	0:28:58	16	0:05:22	194	2:56:00	70	0:06:07	186	2:17:52	71
57	Aske	Ostergaard	127	M25-29	5:48:24	0:37:51	105	0:02:58	117	2:48:46	53	0:02:16	83	2:18:47	73
58	Anthony	Janssen	144	M30-34	5:48:33	0:32:17	44	0:02:04	63	2:48:58	54	0:02:27	90	2:25:12	89
59	Antony	Lockley	113	M20-24	5:48:46	0:33:31	53	0:01:06	17	2:28:45	7	0:01:52	64	2:45:23	125
60	Andrew Guy	Coultas	132	M30-34	5:48:48	0:30:54	32	0:01:57	55	2:59:54	83	0:02:31	94	2:16:02	68
61	Rory	Buisson	284	M45-49	5:48:48	0:32:37	46	0:02:38	97	2:44:03	40	0:02:41	107	2:29:29	96
62	Corey	Babich	150	M30-34	5:49:04	0:29:12	18	0:04:14	173	3:02:44	97	0:04:36	171	2:12:53	62

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63	Timotheus C.	Franciscus	241	M40-44	5:49:25	0:34:13	64	0:01:55	52	2:52:17	60	0:02:44	111	2:20:59	79
64	Matthew	Cook	244	M40-44	5:50:05	0:28:54	15	0:02:07	66	3:09:13	117	0:02:41	108	2:09:49	53
65	Finna Team	TEAM	354	RELAY	5:52:21	0:34:26	72	0:01:05	16	3:10:47	120	0:00:38	1	2:06:01	44
66	Gareth	Ellen	237	M40-44	5:52:44	0:34:08	62	0:02:19	77	2:51:40	58	0:01:42	56	2:24:36	88
67	Mark	Matthews	164	M30-34	5:54:28	0:34:19	67	0:01:51	47	2:43:15	35	0:01:38	51	2:35:01	107
68	Mark	Fulton	126	M25-29	5:56:08	0:30:09	21	0:01:53	49	3:01:24	88	0:02:01	72	2:22:40	86
69	Jan Wolter	Oosterhuis	169	M35-39	5:56:09	0:35:38	83	0:02:30	88	2:59:05	80	0:01:50	63	2:18:55	74
70	Claire	Davis	315	F25-29	5:57:00	0:28:48	12	0:02:51	111	3:11:01	121	0:01:58	71	2:14:18	63
71	Yao Yang	Toong	138	M30-34	5:57:12	0:35:47	85	0:03:12	126	3:13:14	126	0:02:02	73	2:04:58	43
72	Nerissa	Stafford	331	F40-44	5:59:23	0:33:29	52	0:02:02	58	3:02:17	93	0:07:54	205	2:21:35	82
73	Megan	Gillmer	317	F25-29	5:59:47	0:31:58	39	0:01:49	43	3:03:25	99	0:01:38	50	2:22:34	85
74	Daryl	Albury	271	M45-49	6:00:37	0:37:48	104	0:03:30	146	2:58:25	77	0:02:52	115	2:20:53	78
75	Roberto	Carfagno	234	M40-44	6:00:41	0:31:03	35	0:02:43	105	2:57:03	73	0:04:08	158	2:29:51	98
76	Spencer	Hogg	246	M40-44	6:02:24	0:40:17	141	0:02:05	65	3:02:54	98	0:01:04	21	2:17:06	69
77	Helmut	Kurzboeck	295	M45-49	6:03:04	0:40:03	131	0:05:11	192	2:57:16	74	0:03:04	122	2:20:33	77
78	Adrian	Baber	216	M40-44	6:03:22	0:39:59	130	0:02:58	118	3:00:05	84	0:02:16	81	2:20:20	76
79	Alain	Kropf	288	M45-49	6:03:44	0:36:56	95	0:05:37	197	2:59:54	82	0:03:56	153	2:21:16	80
80	Alexander	Dadak	151	M30-34	6:05:23	0:40:06	134	0:02:25	82	3:07:27	113	0:02:09	76	2:15:24	66
81	Nicholas	Wodtke	281	M45-49	6:05:58	0:35:39	84	0:03:34	151	3:15:58	134	0:02:43	109	2:10:46	58
82	Hariadi Team	TEAM	357	RELAY	6:06:35	0:38:09	111	0:00:42	2	3:15:20	132	0:00:38	2	2:12:24	59
83	Shawn	Hillier	223	M40-44	6:06:49	0:35:13	80	0:02:47	107	2:43:59	39	0:07:50	204	2:44:48	122
84	Vanessa	Lodge	333	F40-44	6:07:03	0:42:14	163	0:05:06	187	3:12:03	124	0:03:32	140	2:07:37	47
85	Mark	Clay	280	M45-49	6:07:58	0:36:00	87	0:01:18	22	2:58:21	76	0:01:56	69	2:32:18	102
86	Fabrizio	Carrettin	290	M45-49	6:08:11	0:40:12	137	0:01:48	41	3:04:53	103	0:02:19	86	2:21:17	81
87	Matthew	White	163	M30-34	6:08:40	0:29:07	17	0:01:55	53	2:53:21	63	0:02:15	80	2:44:17	121
88	Kent	Chaplin	261	M40-44	6:08:43	0:39:34	124	0:03:37	155	3:05:57	107	0:02:23	88	2:19:34	75
89	David	Waller	257	M40-44	6:10:28	0:34:06	60	0:03:03	122	2:52:26	61	0:02:36	104	2:40:52	117
90	Glen	Falting	270	M45-49	6:10:39	0:34:27	73	0:02:24	80	2:55:35	69	0:02:52	113	2:38:11	114
91	Kenneth	Tan	106	M20-24	6:10:41	0:40:14	139	0:02:25	81	3:05:52	105	0:03:10	127	2:22:09	83
92	Franz	Jammerneegg	250	M40-44	6:11:04	0:38:13	112	0:02:33	93	2:42:39	34	0:02:35	102	2:47:37	128
93	Cyril	Daccord	152	M30-34	6:11:50	0:33:15	50	0:04:05	166	3:04:38	101	0:02:47	112	2:29:51	97

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94	Yancai	Pan	117	M25-29	6:12:03	0:34:47	79	0:01:49	45	2:55:02	67	0:01:57	70	2:40:24	116
95	James	Crichton	203	M35-39	6:12:39	0:36:56	96	0:02:30	89	3:15:41	133	0:03:59	156	2:17:30	70
96	Steve	Loh	162	M30-34	6:14:28	0:42:58	166	0:02:28	86	2:51:42	59	0:04:16	161	2:37:19	112
97	Steven	Baxter	212	M40-44	6:14:31	0:36:47	93	0:02:31	91	2:53:49	64	0:05:44	183	2:41:22	119
98	Alistair	Beck	195	M35-39	6:14:40	0:37:45	101	0:02:43	104	3:06:39	112	0:02:36	103	2:27:32	95
99	Scott	Girard	207	M35-39	6:14:56	0:34:08	63	0:01:52	48	3:04:32	100	0:03:31	139	2:34:22	105
100	Liz	Wickham	339	F45-49	6:15:10	0:34:25	71	0:03:12	127	3:19:24	140	0:03:04	120	2:18:07	72
101	Jeynelle	Lee	332	F40-44	6:15:55	0:40:10	136	0:04:15	174	3:04:46	102	0:02:27	91	2:26:43	93
102	Stephen	Choy	285	M45-49	6:16:33	0:50:48	201	0:01:37	35	3:01:37	90	0:01:29	41	2:22:29	84
103	Simon	Paterson	158	M30-34	6:16:39	0:44:25	185	0:00:57	12	2:56:20	72	0:01:34	44	2:34:55	106
104	Emma-Kate	Coultas	319	F25-29	6:16:49	0:41:33	156	0:03:29	145	3:25:17	153	0:02:59	119	2:06:29	45
105	Iain	Guthrie	294	M45-49	6:18:19	0:39:46	127	0:04:56	182	3:24:03	152	0:03:43	145	2:09:32	51
106	Benno	Groniger	265	M45-49	6:18:25	0:33:32	54	0:02:39	100	2:53:01	62	0:01:45	60	2:49:11	130
107	Amit	Samarth	157	M30-34	6:20:01	0:48:08	192	0:02:40	102	3:02:12	92	0:08:44	208	2:26:59	94
108	Ernest	Khong	154	M30-34	6:21:05	0:45:12	188	0:02:03	61	3:02:41	96	0:02:32	96	2:31:08	100
109	Lachlan	Mckelvie	208	M40-44	6:21:23	0:40:32	147	0:03:03	123	3:01:40	91	0:02:40	105	2:36:06	110
110	Weng Yan Mike	Chee	193	M35-39	6:22:04	0:43:08	171	0:03:47	160	3:20:32	143	0:02:34	99	2:14:36	64
111	Mark	Wakeford	296	M45-49	6:22:25	0:30:58	34	0:03:19	136	3:18:10	139	0:02:40	106	2:29:57	99
112	Matt	Turner	149	M30-34	6:23:21	0:34:06	61	0:01:33	33	3:22:13	147	0:02:57	118	2:25:28	91
113	John Adrian	Fullick	267	M45-49	6:24:42	0:37:45	102	0:04:03	164	3:07:32	114	0:03:26	137	2:35:20	108
114	Jeremy	Po	227	M40-44	6:26:04	0:34:31	75	0:02:26	84	3:01:00	86	0:07:48	203	2:48:06	129
115	Davin	Leong	168	M35-39	6:26:44	0:40:14	138	0:02:24	79	3:00:25	85	0:01:44	59	2:43:41	120
116	Guy	Whitcher	303	M50-54	6:27:05	0:36:12	89	0:03:18	133	3:02:23	95	0:01:17	30	2:45:12	123
117	Rainer	Hensel	260	M40-44	6:27:47	0:40:28	145	0:02:20	78	3:06:27	110	0:03:58	155	2:38:31	115
118	Alvin	Ang	140	M30-34	6:29:52	0:37:00	97	0:02:54	114	3:08:48	116	0:03:26	136	2:41:08	118
119	Chris	Grover	181	M35-39	6:30:25	0:40:07	135	0:01:56	54	3:14:50	129	0:05:36	182	2:33:31	104
120	Choon Wei Edwin	Chiam	172	M35-39	6:31:15	0:35:57	86	0:02:39	98	3:14:50	130	0:02:43	110	2:37:48	113
121	Nik Lini Hayati	Nik Kazim	335	F40-44	6:35:06	0:43:18	173	0:03:47	159	3:14:39	128	0:02:17	84	2:33:20	103
122	Bintan Team 2	TEAM	361	RELAY	6:35:07	0:37:30	100	0:00:43	3	3:21:07	144	0:00:47	7	2:35:46	109
123	Christoph	Kaaser	287	M45-49	6:38:03	0:34:32	76	0:02:30	90	3:01:29	89	0:01:53	66	2:59:31	159
124	Sam	Martinez	125	M25-29	6:39:14	0:40:22	142	0:02:16	71	3:01:19	87	0:03:20	134	2:55:14	152

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Rank	First Name	Last Name	Bib	Age Group Category	Time	Swim	Swim Rank	T1	T1 Rank	Cycle	Cycle Rank	T2	T2 Rank	Run	Run Rank
125	Reza	Pusponegoro	235	M40-44	6:39:58	0:41:00	154	0:02:48	108	2:59:02	79	0:03:33	142	2:57:08	156
126	Chih Ming	Lam	247	M40-44	6:41:48	0:43:24	175	0:03:39	156	3:02:21	94	0:03:07	123	2:52:23	138
127	John	Davison	229	M40-44	6:43:42	0:34:23	69	0:08:21	212	3:09:29	119	0:08:21	206	2:51:27	136
128	Muhammad Nabil	Bin Samhudi	112	M20-24	6:44:40	0:43:04	169	0:02:52	112	3:06:10	108	0:05:24	179	2:52:33	139
129	Derek	Too	194	M35-39	6:46:24	0:37:01	98	0:03:31	147	3:11:37	123	0:02:31	95	2:54:12	144
130	Trevor	Vivian	310	M55-59	6:46:56	0:36:53	94	0:03:19	134	3:12:49	125	0:03:10	128	2:53:54	143
131	Lam Seng	Lim	242	M40-44	6:47:20	0:42:08	161	0:04:13	172	3:05:56	106	0:04:47	174	2:55:02	150
132	Robert Ban Seng	Tan	311	M60-64	6:49:07	0:52:26	204	0:06:37	202	3:23:27	148	0:04:27	166	2:26:35	92
133	Ding Zhi	Ang	109	M20-24	6:49:28	0:38:22	114	0:02:19	76	3:23:32	150	0:01:42	57	2:45:15	124
134	Kangyan	Wong	103	M20-24	6:50:24	0:44:12	181	0:03:28	143	3:49:59	179	0:02:18	85	2:12:44	61
135	Graeme	Lees	279	M45-49	6:52:02	0:38:41	118	0:03:16	132	3:14:01	127	0:02:33	98	2:56:03	154
136	Mark	Yeo	176	M35-39	6:52:05	0:43:03	168	0:04:41	180	3:32:57	162	0:02:56	116	2:31:23	101
137	Alistair	Giles	141	M30-34	6:52:07	0:40:04	133	0:02:26	85	3:15:15	131	0:06:34	190	2:54:21	145
138	Alexander	Hunink	128	M30-34	6:52:30	0:32:01	40	0:02:26	83	3:23:27	149	0:03:04	121	2:54:35	146
139	James	Ellery	167	M35-39	6:55:05	0:36:22	91	0:04:17	175	3:16:33	135	0:03:09	126	2:57:52	157
140	Dong Yang	Chua	115	M25-29	6:55:23	0:36:12	90	0:02:38	96	3:25:26	155	0:03:44	146	2:51:06	133
141	Robyn	Power	326	F35-39	6:55:41	0:40:34	148	0:03:10	124	3:34:54	165	0:05:10	178	2:37:01	111
142	Neridah	Birmingham	329	F35-39	6:59:13	0:34:37	77	0:03:14	130	3:31:39	160	0:03:34	143	2:49:42	132
143	James	Beckett	189	M35-39	6:59:32	0:37:59	108	0:04:06	167	3:22:07	146	0:04:12	159	2:55:18	153
144	Eng Koon	Lim	233	M40-44	7:01:43	0:44:13	182	0:03:32	148	3:22:03	145	0:03:12	130	2:51:54	137
145	Tjong Loi Kim	Tjong Loi Kim	148	M30-34	7:02:28	0:42:36	164	0:05:14	193	3:19:59	142	0:02:30	92	2:54:38	148
146	Richard	Cabros	175	M35-39	7:07:23	0:39:38	125	0:02:58	116	3:06:37	111	0:02:09	77	3:18:10	186
147	Ivan	Ferraroni	292	M45-49	7:09:20	0:40:17	140	0:05:06	186	3:17:57	137	0:04:47	175	3:05:58	169
148	Reiss	Ellingford	114	M25-29	7:11:18	0:40:47	151	0:06:44	203	3:08:15	115	0:05:30	181	3:15:30	177
149	Matthew	Jowett	190	M35-39	7:11:18	0:40:42	150	0:07:12	208	3:17:59	138	0:06:22	188	3:05:23	168
150	Jolene	Ames-Cooley	321	F30-34	7:13:14	0:43:19	174	0:04:23	177	3:25:21	154	0:03:56	152	3:00:10	161
151	Andrew	Hill	104	M20-24	7:16:42	0:42:11	162	0:02:02	60	3:34:31	164	0:03:32	141	2:57:57	158
152	Bintan Team 1	TEAM	360	RELAY	7:16:56	0:38:00	109	0:00:55	10	3:46:50	175	0:00:42	4	2:51:10	134
153	Tri2Be..	TEAM	352	RELAY	7:18:29	0:40:52	152	0:00:52	8	3:50:29	180	0:00:49	10	2:46:16	126
154	Campbell	Cave	225	M40-44	7:19:09	0:36:03	88	0:03:35	154	3:25:32	156	0:05:58	185	3:13:58	173
155	Jerry	Palmer	269	M45-49	7:21:21	0:40:03	132	0:05:42	198	3:24:02	151	0:05:25	180	3:11:33	171

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IRON DISTANCE TRIATHLON
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Rank	First Name	Last Name	Bib	Age Group Category	Time	Swim	Swim Rank	T1	T1 Rank	Cycle	Cycle Rank	T2	T2 Rank	Run	Run Rank
156	Budiyanto	Cemping	100	M20-24	7:23:17	0:33:10	48	0:04:17	176	3:28:56	158	0:01:17	31	3:16:53	183
157	Collin	Tan	268	M45-49	7:23:19	0:37:46	103	0:07:28	209	3:17:05	136	0:04:36	172	3:20:58	189
158	Alan	Chin	116	M25-29	7:24:15	0:45:16	189	0:04:03	163	3:45:43	174	0:05:56	184	2:49:12	131
159	Stephen	Owen	258	M40-44	7:27:50	0:41:43	160	0:04:07	169	3:41:04	171	0:02:57	117	3:00:53	163
160	Dianne	Power	343	F55-59	7:28:02	0:39:10	123	0:05:00	184	3:52:37	184	0:06:44	195	2:51:13	135
161	Masri	Khairuman	182	M35-39	7:31:40	0:48:55	196	0:03:34	150	3:39:15	169	0:04:26	165	2:59:54	160
162	Matthew	Moody	220	M40-44	7:32:41	0:39:43	126	0:05:08	189	3:19:50	141	0:04:34	170	3:27:59	192
163	Titus	Tay	256	M40-44	7:34:13	0:43:33	178	0:06:10	200	3:56:58	187	0:07:14	200	2:47:30	127
164	Yixing	Chan	134	M30-34	7:34:23	0:41:35	157	0:05:04	185	3:51:23	182	0:03:41	144	2:56:21	155
165	Roy	Macaraig	146	M30-34	7:35:19	0:41:09	155	0:04:30	178	3:35:35	166	0:03:28	138	3:14:04	174
166	Indra	Jaya	183	M35-39	7:36:26	0:43:31	177	0:02:35	95	3:49:57	178	0:00:56	12	3:00:22	162
167	Vivian	Chee	336	F40-44	7:37:10	0:43:07	170	0:03:27	142	3:57:04	188	0:02:33	97	2:53:31	142
168	Clinton Mark	Galistan	251	M40-44	7:39:05	0:44:37	187	0:05:24	196	3:33:19	163	0:04:32	169	3:15:43	179
169	Mark	Portlock	209	M40-44	7:39:09	0:43:09	172	0:03:15	131	3:50:41	181	0:03:11	129	3:02:03	165
170	Tobias	Wilson	145	M30-34	7:41:52	0:42:56	165	0:02:34	94	3:37:04	167	0:03:07	124	3:19:16	188
171	Freddy	Vosloh Iv	276	M45-49	7:43:02	1:00:52	212	0:04:34	179	3:42:26	172	0:03:49	149	2:55:08	151
172	Manida	Zimmerman	337	F45-49	7:43:29	0:43:27	176	0:03:03	121	3:39:28	170	0:03:08	125	3:17:29	184
173	Lookpetch Nielsen	TEAM	359	RELAY	7:43:36	0:34:43	78	0:00:51	7	4:13:01	197	0:00:56	11	2:54:59	149
174	Andrew	Paddock	272	M45-49	7:44:45	0:39:55	129	0:03:35	153	3:45:40	173	0:04:22	164	3:15:34	178
175	Tiong Ghee Paul	Yap	236	M40-44	7:50:19	0:47:17	191	0:05:10	190	3:56:24	186	0:07:30	202	3:01:27	164
176	Richard	Kohler	171	M35-39	7:51:13	0:38:45	119	0:06:16	201	4:13:24	198	0:06:22	189	2:52:47	140
177	Philip	Jones	307	M50-54	7:51:38	0:52:29	205	0:06:48	205	3:57:43	189	0:07:11	199	2:54:37	147
178	Adrian	Curic	180	M35-39	7:52:33	0:45:21	190	0:02:45	106	3:59:32	191	0:04:00	157	3:04:53	167
179	Chye Leng	Chee	308	M50-54	7:53:39	0:52:41	207	0:07:04	206	3:38:45	168	0:07:10	198	3:15:08	175
180	Sofia	Leong	323	F35-39	7:54:33	0:44:25	184	0:03:33	149	4:13:37	199	0:03:12	131	2:52:56	141
181	Hentri	Lian	135	M30-34	7:57:28	0:44:07	180	0:04:03	165	3:32:00	161	0:04:27	167	3:37:16	199
182	Marco	Venneri	191	M35-39	7:57:53	0:41:37	158	0:07:12	207	3:53:36	185	0:06:49	196	3:15:27	176
183	Kevin	Serou	122	M25-29	7:59:16	0:40:25	143	0:04:07	168	3:52:20	183	0:06:41	192	3:22:23	190
184	Yuda	Yehuda	130	M30-34	8:04:23	0:39:00	122	0:03:26	141	3:27:26	157	0:04:29	168	3:54:29	203
185	Rodney	Seah	255	M40-44	8:13:43	0:37:14	99	0:05:22	195	4:21:09	205	0:04:44	173	3:09:56	170
186	Wee Chung Ram	Toh	243	M40-44	8:13:47	0:44:16	183	0:03:57	162	4:09:14	193	0:03:58	154	3:16:18	181

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Rank	First Name	Last Name	Bib	Age Group Category	Time	Swim	Swim Rank	T1	T1 Rank	Cycle	Cycle Rank	T2	T2 Rank	Run	Run Rank
187	Peter	Erlandsen	297	M50-54	8:18:30	0:38:46	120	0:03:11	125	3:59:24	190	0:03:45	148	3:37:07	198
188	Joseph	Tan	252	M40-44	8:21:42	0:40:53	153	0:06:46	204	4:17:46	204	0:06:13	187	3:16:16	180
189	Abdul	Wahab	309	M55-59	8:25:06	0:49:30	197	0:03:21	138	4:14:12	201	0:04:55	176	3:18:02	185
190	Kristian Jae	Vargas	124	M25-29	8:27:56	0:49:59	199	0:03:51	161	3:47:11	176	0:06:36	191	3:46:54	202
191	Muhd Afiq Sharhan	Afiq	111	M20-24	8:33:56	0:52:39	206	0:01:30	31	4:05:20	192	0:03:13	132	3:34:25	197
192	Robin	Specland	286	M45-49	8:35:11	0:48:38	195	0:04:11	170	4:25:53	208	0:03:23	135	3:16:27	182
193	Saleh Omar	Bintalib	129	M30-34	8:37:43	0:52:22	203	0:05:07	188	4:11:26	196	0:04:22	163	3:28:47	193
194	Yoong Hao Gabriel	Lim	166	M30-34	8:43:13	0:50:05	200	0:07:37	210	4:13:54	200	0:06:44	194	3:31:36	194
195	Joanna	Lin	341	F45-49	8:44:49	0:49:54	198	0:04:43	181	4:09:48	194	0:04:12	160	3:40:23	201
196	Anton	Setiawan Bin Sukary	278	M45-49	8:56:11	1:03:48	214	0:03:41	157	4:14:27	202	0:06:59	197	3:34:13	196
197	Siew Chuan	Phoon	266	M45-49	9:09:26	0:43:01	167	0:36:22	214	4:16:25	203	0:08:23	207	3:33:37	195
198	Sandeep	Rao	178	M35-39	9:15:03	1:00:32	211	0:07:58	211	4:41:15	210	0:05:01	177	3:25:17	191
199	Molly	Stevens	330	F35-39	9:19:44	0:52:15	202	0:08:28	213	4:22:15	206	0:09:48	209	3:56:45	204
200	Rajasekhar	Vuppu	201	M35-39	9:25:15	0:58:17	209	0:05:00	183	4:23:55	207	0:06:42	193	3:58:01	205
201	Jason	Gerek	177	M35-39	9:44:40	0:58:22	210	0:05:11	191	4:30:17	209	0:03:55	151	4:10:48	206
202	Tze Choong	Hew	214	M40-44	9:47:43	0:57:07	208	0:05:46	199	5:05:48	211	0:11:58	211	3:39:01	200
203	Steven	Thesman	219	M40-44	10:18:44	1:02:42	213	0:03:29	144	5:59:02	212	0:03:49	150	3:13:30	172
	Brian Sze Hien	Sim	211	M40-44	DNF	0:40:26	144	0:02:31	92						
	Patrick	Cohen	245	M40-44	DNF	0:40:28	146	0:02:19	75	3:04:58	104	0:04:20	162		
	Andreco	Primero	173	M35-39	Query	0:34:18	66	0:01:25	26	2:47:04	48	0:01:09	26	1:45:33	14
	Hing Loong	Yuen	184	M35-39	DNF	0:38:29	115	0:01:58	56	2:59:11	81	0:02:07	74		
	Panirselvam	Sockalingam	136	M30-34	DNF	0:48:20	194	0:03:25	140	4:10:01	195	0:03:44	147	3:04:01	166
	Matthew	Law	133	M30-34	DNF	0:44:07	179	0:02:17	72	3:31:23	159	0:03:14	133		
	Patrick	Osswald	123	M25-29	DNF	0:32:05	42	0:01:46	40	2:36:39	16	0:00:47	6		
	Madeleine	Dy	320	F30-34	DSQ	0:39:49	128	0:03:35	152	2:13:59	1	0:34:51	212	3:18:48	187
	Klaus	Lucke	264	M45-49	DNF	0:48:10	193	0:03:23	139	3:48:18	177	0:10:42	210		
	Mathias Benno Lothar	Deubel	289	M45-49	DNF	0:38:16	113	0:02:58	119						
	Hartanto Bahari	Ng	291	M45-49	DNF	0:44:29	186	0:03:03	120	3:11:31	122	0:01:43	58		